

# Birth-2 years old FAMILY Engagement MONTH 2023

Activities for Families

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Celebrating</i>  <b>NATIVE AMERICAN HERITAGE MONTH</b></p> <p><i>"To the world you may be one person, but to one person you may be the world"</i> – Dr. Seuss</p>			<p><b>NATIONAL FAMILY LITERACY DAY</b> 1</p> <p>Check out the <a href="#">Dolly Parton Imagination Library</a> for free books and try these reading tips with your <a href="#">baby</a> or <a href="#">toddler</a>. If you have a wiggly baby or toddler <a href="#">try this</a>.</p>	<p>2</p> <p><a href="#">Playful ways</a> to introduce your toddler to math.</p>	<p>3</p> <p>Tips for <a href="#">Talking with Your Child's Doctors</a> about developmental concerns.</p>	<p>4</p> <p>Explore topics from <a href="#">Sesame Street in Communities</a> on what matters most in young lives: health, social-emotional skills, and school readiness.</p>
<p><b>DAYLIGHT SAVING TIME ENDS!</b> 5</p> <p>Go on a nature walk and talk about what you see.</p>	<p>6</p> <p>5 <a href="#">Steps</a> to becoming Your Child's Best Advocate.</p>	<p><b>ELECTION DAY</b> 7</p> <p><a href="#">Play games</a> with your toddler to build their skills and have fun.</p> 	<p>8</p> <p>Talk about your day out loud. Hearing about what you are doing (Mommy is going to make the bed. First I pick up the pillows and...) helps with understanding and to build vocabulary.</p>	<p>9</p> <p>If your child has health care needs or you have questions about Medicaid or Innovation Waivers, contact <a href="#">ECAC's F2F Health Information Center</a>. Use the <a href="#">"Care Notebook"</a> to organize your Child's health care information.</p>	<p>10</p> <p><a href="#">Talking</a> to your baby or toddler helps to build the foundation for developing future reading skills.</p>	<p> <b>VETERANS DAY</b> 11</p> <p>Go visit the pet store. Help your child identify the different animals.</p>
<p>12</p> <p>Looking for child care? Call 888-600-1685 or go to the <a href="#">CCR&amp;R webpage</a> for child care resources. Quality child care nurtures healthy development and school readiness!</p>	<p><b>WORLD KINDNESS DAY</b> 13</p> <p><b>CAREGIVER APPRECIATION DAY</b></p> <p>Point out acts of kindness and model saying "thank you" when someone helps you or says something kind.</p>	<p><b>NATIONAL PJ DAY</b> 14</p> <p>Today is <a href="#">National Family PJ Day</a>. Put on your pajamas, find a comfy spot with lots of pillows and share a book with your child.</p>	<p><b>AMERICA RECYCLES DAY</b> 15</p> <p>Do you need a good system to help you organize and keep all the information about your child's development in one place, try the <a href="#">Early Steps Record Keeping Toolkit</a>.</p>	<p><b>NATIONAL PARENT INVOLVEMENT DAY</b> 16</p> <p>Working with Early Intervention Providers: <a href="#">Communication Tips</a> for Building Relationships.</p>	<p>17</p> <p>Sign up for the <a href="#">PBS KIDS Newsletter</a> for activities and tips you can use to help kids learn at home. <b>Text CONNECT to 274448</b> for free parenting resources sent by text.</p>	<p>18</p> <p><a href="#">Things to say</a> to help your child feel confident and happy.</p>
<p>19</p> <p><a href="#">Make</a> homemade Playdough! Playing with playdough helps your toddler strengthen their fine motor skills.</p>	<p><b>UNIVERSAL CHILDREN'S DAY</b> 20</p> <p><a href="#">Activities</a> to teach your child about <a href="#">emotions</a>.</p>	<p><b>NATIONAL TV DAY</b> 21</p> <p><b>NATIONAL GINGERBREAD COOKIE DAY</b></p> <p><a href="#">Make cookies</a> for National Gingerbread Cookie Day.</p>	<p>22</p> <p>Your child's first teacher is you! View parenting favorites for children <a href="#">Zero to Three</a>.</p>	<p><b>THANKSGIVING DAY</b> 23</p> 	<p>24</p> <p><a href="#">Dad's Matter!</a></p> <p>5 <a href="#">ways</a> Dads can support their child's learning and be <a href="#">more involved</a>.</p>	<p>25</p> <p>Play time activities that parents or grandparents can do with <a href="#">baby</a> or <a href="#">toddler</a>.</p>
<p>26</p> <p>If your child is 2 years old take a look at information about <a href="#">referral</a> and transitioning to <a href="#">Preschool Services</a>.</p>	<p>27</p> <p>Learn about <a href="#">NC Infant-Toddler Program</a> (NC ITP), which provides services to families of children birth to 3 with special needs.</p>	<p>28</p> <p>Connect to your local <a href="#">Smart Start organization</a> for parenting classes.</p>	<p>29</p> <p>Cookie Monster learns about <a href="#">healthy eating</a> and so can you!</p>	<p>30</p> <p><a href="#">Track your child's development</a> and get parenting tips at the <a href="#">CDC website</a>. Concerned about your child's development review <a href="#">"How to help your Child"</a>.</p>	<p>Scan for more information &gt;</p> 	



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Division of Child Development and Early Education

Parent Info Line: 1-800-962-6817  
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