

# Preschool-PreK Engagement MONTH 2023

Activities for Families

NOVEMBER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

*Celebrating*



**NATIVE AMERICAN HERITAGE MONTH**

*"Behind every young child who believes in himself is a parent who believed first"*  
- Mathew L. Jacobson

**NATIONAL FAMILY LITERACY DAY 1**  
  
Check out the [Dolly Parton Imagination Library](#) for free books and try these reading tips for parents of [preschoolers](#).

**2**  
  
[Learn](#) about publicly supported preschool opportunities: [Early Head Start and Head Start](#) for birth-K; [NC Pre-K Program](#) for 4 year old's.

**3**  
  
Looking for child care? Call 888-600-1685 or go to the [CCR&R webpage](#) for child care resources. Quality child care nurtures healthy development and school readiness!

**4**  
  
[Move and Freeze](#). Play music and encourage your child to dance to the music. Stop the music and say "freeze". Then do it again!

**DAYLIGHT SAVING TIME ENDS! 5**  
  
**Dad's Matter!**  
  
[5 ways](#) Dads can support their child's learning and be [more involved](#).

**6**  
  
[Remind your child](#) of their successes!

**ELECTION DAY 7**  
  
Make and decorate a ballot box and vote on "what's for dinner" or "what TV show to watch." Add up the votes.

**8**  
  
Begin thinking about your child's next transition, from [Special Education Preschool Services to Kindergarten](#) and tips to support [kindergarten readiness](#).

**9**  
  
Your child's first teacher is you! View parenting favorites at [National Association for the Education of Young Children](#).

**10**  
  
[Your story has power](#) and can influence decisions. What one experience would you want to [share](#) with providers or policy makers?

**VETERANS DAY 11**  
  
Go on a nature walk and talk about what you see.

**12**  
  
Take turns making a feeling face (happy, sad, surprised, excited) and try to guess the name of the feeling. See more ideas for [teaching children about emotions](#).

**WORLD KINDNESS DAY 13**  
**CAREGIVER APPRECIATION DAY**  
  
Point out acts of [kindness](#) and model saying "thank you" when someone helps you or says something kind.

**YOUNGER READERS DAY 14**  
  
Today is [National Family PJ day](#). Put on pajamas, find a comfy spot with lots of pillows and share a book with your child. For a special treat add pretzels and chocolate bits to popcorn.

**AMERICA RECYCLES DAY 15**  
  
[What to know](#) about your child's IEP and [tips](#) to prepare and participate.

**NATIONAL PARENT INVOLVEMENT DAY 16**  
  
We all deserve to be acknowledged, appreciated and celebrated. [12 Ways to Celebrate You](#).

**17**  
  
[Track your child's development](#) and get parenting tips at the [CDC website](#). Concerned about your child's development review Tips for [Talking with Your Child's Doctors](#).

**18**  
  
A trip to the grocery store can help your child with [reading and math skills](#).

**19**  
  
[Make](#) homemade Playdough! Playing with playdough helps your toddler strengthen their fine motor skills.

**20**  
  
Connect to your local [Smart Start organization](#) for parenting classes.

**NATIONAL TV DAY 21**  
**NATIONAL GINGERBREAD COOKIE DAY**  
  
[Tips](#) to prepare your child to tackle something new.

**22**  
  
When you can't go outside, games to [play inside](#).

**THANKSGIVING DAY 23**

**24**  
  
If your child has health care needs, view the [NC Family to Family Health Information Center](#) and use the ["Care Notebook"](#) to organize your Child's health care information.

**25**  
  
Hear how Early Childhood [Parent-Teacher Partnerships](#) are important in the healthy development of young children.

**26**  
  
Blow bubbles together! You can make your own bubbles!  
Mix:  
½ cup of dish soap  
1 ½ cup of water  
2 teaspoons of sugar

**27**  
  
Use ["Painting the Big Picture"](#) to share information about your child with providers and school staff to help them better support your child's learning.

**28**  
  
View local [resources in your County](#).

**29**  
  
ECAC has a rich history, read about our [mission](#) and ECAC's beginnings. View [ECAC's website](#) and watch our video ["Discovering Leadership"](#) to learn more about how we support families

**30**  
  
Sign up for the [PBS KIDS Newsletter](#) for activities and tips you can use to help kids learn at home. [Text CONNECT to 274448](#) for free parenting resources sent by text.

Scan for more information >

907 Barra Row, Suite 103 | Davidson, NC 28036  
Parent Info Line: 1-800-962-6817



[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)  
[ecac@ecacmail.org](mailto:ecac@ecacmail.org)