

Community Foundation of Henderson County awards grant for Children and Family Resource Center Maternal Health Program

Hendersonville, NC – May 2025 – The Children and Family Resource Center has been awarded a grant of \$20,000 by the Community Foundation of Henderson County. This grant will help fund Children and Family Resource Center's Maternal Health Program which provides bilingual (English/Spanish) childbirth, breastfeeding, and newborn care education classes, as well as doula services and postpartum support groups.

Recognizing the benefits of education and continuous perinatal and postpartum support, combined with efforts at the community level to address social and economic factors, the Maternal Health Doula Program not only helps families now, but it is also an upstream prevention program, working to mitigate health issues with both the baby and the mother. Doulas offer physical support, emotional support, partner support, and connections to evidence-based information to support the mother in all aspects during the earliest days of a child's development and pivotal moments for a mother's connection with the child.

Children and Family Resource Center has served 62 mothers through the Maternal Health Program during the 2024-2025 fiscal year – 38 of those clients received free birth and/or postpartum doula support. The grant from the Community Foundation of Henderson County will allow Children and Family Resource Center to continue to offer these invaluable services.

"Positive health outcomes for mothers and infants are determined largely by the health of women when they become pregnant, through continuous high-quality care throughout pregnancy and delivery, and with comprehensive, continuous postpartum care. CFRC is committed to supporting mothers and babies during this critical period in order to build brighter futures," said Executive Director, Jamie Wiener.

Community Foundation of Henderson County supports charitable programs in the greater Henderson County area. Founded in 1982, the Community Foundation administers over 500 funds with assets of over \$100 million.

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About Children & Family Resource Center

The Children and Family Resource Center was founded in 1999. The programs offered at the Children & Family Resource Center are building stronger foundations for the children in Henderson County by providing resources to help parents and child care centers create positive learning environments, screening children so they can start school with all the necessary tools, teaching parenting skills to families, and offering scholarships to single parents in need. For more information about the programs of the Children & Family Resource Center or this program, please call 698-0674 or visit the website www.childrenandfamily.org.