

*Nurturing the development of children by building
a strong foundation of family and community.*

CHILDREN & FAMILY RESOURCE CENTER

2025-2026 IMPACT REPORT



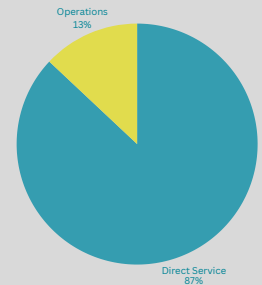
Caregiver Support & Education

- **Adolescent Parenting Program (APP)** served 12 first-time pregnant/parenting teens. 92% of participants completed program goals of preventing a secondary pregnancy and earning a high school degree or equivalent.
- **Circle of Parents® (COP)** offered 2 peer-to-peer leadership and support groups to 32 parents and 53 children. Groups are offered in English and Spanish.
- **Community Response Program** served 42 DSS-involved parents and 80 children with strength-based case management services and parent education. 35 parents received Triple P support.
- **Family Mental Health Navigation** connects families with children who have mental or behavioral health needs to needed services. Our navigator consulted with 40 families. 87% reported reduced impact of behavioral health challenges at 3-month follow-up.
- **Maternal Health/Doula Project** supported 43 mothers with birth doula services, 24 received postpartum doula support, and 48 total clients received case management services for the year.
- **Nurturing Parenting (NP)** is a court-mandated program for caregivers seeking to reclaim custody. CFRC offered three series with 12 parents, completing at least 10 out of 12 sessions, and 22 children served.
- **Parents as Teachers (PAT)** served 30 families including 45 children. 27 of these families had 2 or more high-needs characteristics. 84% of children received complete health and developmental screenings.
- **Parents Matter! (PM)** held 1 full series session serving 8 parents/caregivers of children ages 9-12; 100% of participants reported increased confidence in discussing challenging topics with their preteens.
- **Positive Parenting Program (Triple P)** offered 3 Level 4 groups, 2 in English and 1 in Spanish. 25 caregivers and 31 children were served through these groups.

BY THE NUMBERS

87

percent of every dollar goes directly to supporting children and families in Henderson County



746

Families served

Children served **1,538**

404

Child Care providers served

Community Outreach events **35**

745

Volunteer hours

Child care sub hours **5,243**

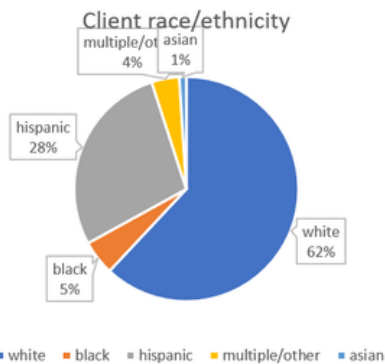
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Amazing staff members

- **Disaster Response Program** provides bilingual disaster recovery case management services to Henderson County families affected by Hurricane Helene. Enrollment in the program offers parents access to basic needs, resource navigation, parenting support, and flex funds to assist in storm recovery efforts. 34 parents and 54 children were served this past fiscal year.



WHO WE SERVE



12 percent living in unstable housing or are unhoused

percent of caregivers who are unemployed or unable to work **37**

95 percent Medicaid eligible or uninsured

percent of single parents **38**

25 percent of caregivers unable to access/afford childcare

percent of families that are food insecure **43**

School Readiness

- **Preschoolers Reaching Educational Potential (PREP)** screened 733 three- and four-year-olds in Henderson County for developmental delays, vision, and hearing impairments. Follow-up remediation services were provided to 40 children. 98 referrals were made to Henderson County Public Schools for additional support and services.
- **GLO Mobile - Early Learning Bus** reaches children under the age of six not in structured care to enhance and support their learning by creating fun and interactive high-quality experiences that prepare them for kindergarten. 14 routine stops with 46 families were served. 88% of enrolled children were offered free developmental screenings.

Early Childhood Educator Professional Development & Technical Assistance

- **Behavior Support Specialist** provided consultation in 9 different centers, completed 15 TPOT and TPITOS assessments, and held 21 trainings that specifically address challenging behaviors.
- **Child Care Health Consultant** held 41 health and safety training sessions and completed 13 health and safety assessment cycles in Henderson and Rutherford counties.
- **Childcare Resource & Referral** provided 46 training sessions to 303 child care providers and directors. 25 providers completed technical assistance cycles using CLASS, TIPO, TPITOS, ECERS-3, and ITES-3 assessments. 11 Early Childhood Educators participated in the Circle of Security Classroom, strengthening skills in relationship-building and social-emotional support.
- **Early Learning Center** is a lending library for early childhood professionals and parents. 79 kits were checked out last fiscal year.

Workforce Development

- **Early Childhood Workforce Development (WFD)** trained 30 participants and enrolled 22 substitutes in EDU119. Eight participants were offered full-time employment at childcare centers in Henderson and Transylvania counties.
- **CFRC Scholarship for Single Parents** awarded 5 new \$2,500 scholarships, and continued funding for 6 recipients, allowing single parents to continue their education at the post-secondary level. 2 participants are continuing their education to earn a 4-year degree.

Concrete Supports

- **Full Tum, Dry Bum** diaper and formula assistance served 234 families with diaper and formula assistance, as well as connection to internal and community resources. We distribute an average of 16,500 diapers each month and 75 cans of formula.